

**Supply List for the online art course "Loosen Up and Find Joy
in Your Art" with Kathleen Rietz**

**You can use your favorite brand, unless one is indicated in the list.*

Paint Colors:

Permanent Green (also called Hooker's Green)
Green Gray (by Liquitex Basics)
Green Gold (only by Golden brand)
Parchment (by Liquitex Basics)
Phthalocyanine Blue (or Winsor Blue by Winsor & Newton)
Payne's Grey
Quinacradone Violet
Deep Violet (Liquitex Basics)
Alizarin Crimson
White (You can use gesso as white.)

Neocolor II water soluble crayons:

<https://www.dickblick.com/products/caran-dache-neocolor-ii-artists-crayons/>

Light Olive

Olive

Olive Brown

Light Cobalt Blue Hue

Purple

Aubergine

Mauve

(These are sold individually at Blick and Jerry's Artarama.)

A synthetic brush or two (size 4 or 6, flat or rounded.)

One or two 18" x 24" x 1.5" canvases (I recommend 2 for this course)

Latex or nitrile exam gloves (available at pharmacies, Walmart, Sally beauty supply)

<https://www.sallybeauty.com/brands/salon-care/medium-black-nitrile-gloves/SBS-584064.html>

Heavy duty spray bottle filled with water

<https://www.dickblick.com/items/03418-1016/>

Pad of large palette paper (larger sizes are sold in stores...I recommend at least 16" x 20".)

A jar of matte medium

1 or 2 rounded palette knives (These can be pricey, so if you only buy one, I recommend the smaller one for this course. That said, palette knives are great tools to have handy and you will use them again)

<https://www.dickblick.com/items/03126-2003/> (This is the one I use to apply gesso)

<https://www.dickblick.com/items/03117-1060/>

Other supplies you will need:

old towel

drop cloth

easel (as opposed to a table)